STUDENT AWARDS
This week’s awards go to Jack Nestor for excellent work in Maths, James Lasham for improved concentration in Literacy activities and Jackson Daines for being a fantastic role model.

BIGGEST MORNING TEA
We are hosting a Biggest Morning Tea to raise money for the Cancer Council on Wednesday 21st May at 11am in the Library. Members of the community are invited to come along and enjoy a cuppa & some delicious morning tea for $5.
Donations of goodies for morning tea would be appreciated.
Please fill in the attached note & return it by Friday 16th.
All money raised goes to fund research for the Cancer Council.
Come long and support this worthy cause!

JUMP ROPE FOR HEART
We are participating in Jump Rope for Heart activities at Wollar School on Monday 19th May from 1pm. Travel will be by staff cars.
Please complete the attached permission Note and return it by Friday 16th May.

STATE LIBRARY LEARNING OPPORTUNITY
The State Library of NSW is offering a free interactive learning session for the Primary students at Gulgong PS on Tuesday 20th May. This is a fantastic opportunity for students in Years 3 – 6 to access the Treasures to the Bush program.
The program runs from 9.30 - 11am.
Students need to be at Gulgong to start at 9.30am and return to Ulan at recess.
Please complete and return the attached Permission & Transport Note by Friday 16th May so transport arrangements can be finalised.

P&C NEWS
CATERING VOLUNTEERS
We have had a good response to the call for catering volunteers and we will be going ahead with a fundraising lunch for local businesses on Monday 16th June.
More details to follow.

Leaving Kids on Their Own
Children aged ten and over are able to cope with brief separations for short periods of time. But all kids are different. Can your child follow ground rules? Some are fretful and anxious and not emotionally ready for you to even to pop over the road. On the other hand some will overrate their capacity to cope. And it’s neither fair nor safe to leave your 10 or 11 year old in charge of younger children – too much responsibility.
If you decide your child is ready to be left alone, you may want to have trial separations of increasing duration, up to a period of 10 – 15 minutes. Ensure the house is safe and that they understand rules such as staying inside and not answering the door.
Make sure they have something to keep them occupied and give them a contact phone number and have them practice calling it.
Make sure they know what to do if there is an emergency and place emergency numbers by the phone.
Children should see this as a responsibility and a privilege to be earned by demonstrating their readiness over a period of time. And don’t feel it’s something you need to rush into just because other parents are letting their children stay home alone. From Triple P “positive parenting program”

If you would like more information please contact Barnardos on 63721422

THE WEEK AHEAD
Tuesday: NAPLAN Language test
NAPLAN Writing test
Wednesday: NAPLAN Reading test
Banking/Library Day
Thursday: NAPLAN Numeracy test

REMINDEERS
• Continue to check for headlice

ATTACHMENTS
• Biggest Morning Tea note
• Wollar Permission Note
• Gulgong Permission Note: Years 3-6
• Term 2 Planner