STUDENT AWARDS
This week’s awards go to Bella Knowles for great efforts in Maths and English, Latoyah Fleming for trying hard in Spelling and to Jackson Daines for wonderful support of younger students. Congratulations!

CLEAN UP DAY
Students and staff were joined by parents and members of the Cooks Gap Bushfire Brigade to clean up around the village on Monday morning. A considerable amount of rubbish and litter was collected and the village is now looking much cleaner.

Thank you to all those who volunteered to assist in this community event.
Your assistance is appreciated.

ZUMBA FITNESS
Bylong, Wollar and Goolma students and staff joined us for Zumba today. We all had a fabulous time and practised some great new moves.
It was also very pleasing to see all students interacting and enjoying each other’s company.

CASSILIS CROSS COUNTRY
Students who have ordered canteen lunches must bring the payment to school before FRIDAY.
The bus will operate as usual on Friday.
Transport to Cassilis will be provided by parents and staff in private cars.
Transport arrangements
Mrs Buchanan: Roger, Travis, Trista & Latoyah
Mrs Riley: Bella & Tesha
Miss Honeysett: Jaxon & James
All other students are being transported by their parents.
We need to be at Cassilis School by 10am.
Parents are most welcome to travel in convoy with us, leaving from the school at 9.15am.

HEALTHY HAROLD
The Life Education Van will be visiting us on Wednesday 19th March.
Information is attached.

Brief Quality Time
It may surprise some parents but healthy relationships with children often revolve around brief periods (not necessarily hours) of quality time.
Young children that are developing well often come from homes where parents are prepared to interrupt what they are doing to give their children attention. Spending frequent, small amounts of time with children can be more beneficial than less frequent but longer periods of time. 30 seconds to a couple of minutes is often enough.

Time that is special to your child occurs when a child approaches you
• To tell you something,
• ask a question or
• involve you in their activity.

If children are always told ‘wait’ or ‘in a minute’ they often learn they have to demand, rather than politely ask for attention. So, when children approach you and you’re not occupied with something really important, stop what you are doing and listen to your child.
Sometimes simply watching your child do something can be very rewarding for the child (and for the parent). From Triple P “positive parenting program”

If you would like more information please contact Barnardos on 63721422

THE WEEK AHEAD
Monday: Monday Melties
Wednesday: Library borrowing
School banking
Thursday: Mrs R Principals Meeting-Merriwa
Friday: Cassilis Cross Country

ATTACHMENTS
• Happy Harold merchandise information