NEWSLETTER 7th NOVEMBER
TERM 4 Week 5
STANDOUT STUDENTS
Our Standout Students for this week are Max Nestor for increased engagement in tasks, Roger Buchanan for improved listening skills and Tom Nestor for impressive handwriting.
Well done!
MELBOURNE CUP CATERING
A big "THANK YOU" goes to our P&C helpers for their wonderful efforts to raise $415 from the delicious Melbourne Cup lunches on Tuesday. The money will go towards paying for the bus for our intensive Swimming lessons at Gulgong later this term.
WOW DAY
Students are encouraged to wear orange clothing on Wednesday to participate in Wear Orange Wednesday to acknowledge the great work of the State Emergency Services (SES).
We will be visited by a SES volunteer at 2pm Wednesday afternoon.
MELBOURNE CUP ACTIVITIES
Written by Scott White
On Tuesday Ulan Public School celebrated the Melbourne Cup. We all picked a horse out of a bowl and my horse was Signoff. We dressed up and we made ties and fascinators to wear. We made some special jewellery from spray painted pasta. We had our own horse races with horses that were made by staff and parents. We designed our own racing silks and we had a picnic of yummy goodies as well.
I had a great day because I enjoyed having our own races.
LOUD SHIRT DAY
Written by Bella Knowles
On Friday 31st of October we supported Loud Shirt Day. We raised money for the Shepherd Centre to help deaf children. We designed and painted our white school shirts in bright and "loud" colours. We learned how to sign our names with sign language. It was a great day because we raised $38.
SCHOOL PHOTOS
School photos are attached with the total amount to be paid. It would be appreciated if payment could be made as soon as possible. Please contact the school if there are any problems.

Whining
One of the most common complaints you hear from parents is that they can’t stand their children ‘whining’ when they want something. Although whining can sometimes occur when children are:
• overtired,
• Hungry, unwell, or
• don’t have the words to say what they want
Whining is also a way of getting attention and if it works, it is more likely to occur in the future.
The key to reducing whining is to praise children when they speak in a pleasant voice when making requests. When your child approaches you in a whining voice, simply prompt them to use a pleasant voice. The most obvious thing to do is that the child doesn't get the thing they were asking for.
If the child becomes upset, ignore the protests and complaints. When the child asks pleasantly, decide then whether it is a yes or no. Be consistent and don't be bullied or manipulated by your child. From Triple P “positive parenting program”
If you would like more information please contact Barnardos on 63721422

THE WEEK AHEAD
Monday: Lunch orders
Wednesday: Melties, Banking Day, Library Day, WOW Day, High School Orientation- full day
Thursday: Kinder Transition
Friday: Kinder Transition

REMINDERS
• School Fees

ATTACHMENTS
• Lunch order forms
• School photos

Visit us on the web at www.ulan-p.schools.nsw.edu.au email: ulan-p.school@det.nsw.edu.au